



Welcome

Phew! Another busy month coming up! Don't forget all the Quaker Week events at the start of the month (keep up to date with Harrogate Quakers online, follow @HarrogateQuaker on Twitter and HarrogateQuakers on Facebook).

Thank you for all the contributions and for planning all these great events.

October Diary

Every Sunday	10:30 am Meeting for Worship (MfW) at Harrogate Quaker Meeting House (QMH), with Children's Meeting.
Tues 2nd Oct	18.00-19.30 Living our Testimonies . A chance to attend the CAAB demonstration outside NSA/NRO Menwith Hill
Wed 3rd Oct	10 am Quaker Week Walking Group at Forestry car park on Ripley Road Scotton
Thur 4th Oct	10:30 for 10:45 am Midweek Meeting for Worship at Knaresborough at the Bridge Café behind Gracious Street Methodist Church in Knaresborough. 19.30-21.30 Progressive Quaker Business Models Paul Grey Friends House Hospitality Manager Talk with Q and A (held at Harrogate Quaker Meeting 18:30 for soup and a roll)
Sat 6th Oct	9:30 am - Noon Spiritual Nurture: Meeting in the Light of Mortality. Hospital Chaplaincy . At QMH. 2pm-3pm Menwith Hill Meeting for Worship at main gate. This is an important part of our York Area Meeting concern for peace and we would appreciate more Friends coming along in support. Please bring a chair.
Sun 7th Oct	All Age Meeting for Worship based on the Quaker Peace Testimony Children's Stall after Meeting (bring along bric-a-brac see below)

	7 pm Thirsk Meeting Talk on “ Wilfred Owen Beyond the Words ” by Dr Azucena Keatley of Cambridge
Thur 11th Sep	7:30 pm - 9:30 pm Circle Dance at Friends Hall.
Sun 14th Oct	10:30 am Meeting for Worship at Knaresborough at Calcutt Village Hall.
Wed 17th Oct	10 am Walking Group in Knaresborough 1.30 – 3.00 pm Book Group at Hilary Buswell’s home, reading/ discussing All the Light We Cannot See by Anthony Doerr. Please phone Hilary for further information: 01423 313413.
Thur 18th Oct	12:30 -1pm Midweek Meeting for Worship at Harrogate MH followed by picnic lunch in Library. 2 - 4pm Craft Group at Harrogate MH.
Sat 20th Oct	2pm - 5pm Clothes Swap Party (see below)
Sun 21st Oct	Special Collection after MfW is for ‘Young Carers, Harrogate’ and is sponsored by the children from Harrogate Meeting. Open Meeting at 12 noon in the Meeting room. An opportunity for anyone to discuss spiritual matters in an informal group
Thur 25th Oct	7:30 pm - 9:30 pm Circle Dance at Friends Hall.
Sun 28th Oct	Shared lunch after MfW will take place but, as many people will be absent for half term, the proposed talk on the Camino walk has been postponed, probably till November.
Wed 31st Oct	10 am Walking Group at Fountains Abbey

Details for events this month

Talk on Progressive Quaker Business Models

You may have heard of the philanthropy of historic Quaker business families: Cadburys, Rowntrees, Frys – but what is happening today?

Find out on **Thursday 4th October** at 7.30 pm at Harrogate Quaker Meeting House.

Soup and bread supper from 6.30

Speakers:

Paul Grey CEO of Friends House Hospitality Limited - a £4M business

Nic Burton , Senior Lecturer in Strategic Management and International Business at Newcastle Business School. Member of Quakers in Business.

EVERYONE WELCOME

No charge, donations to Quaker Work

More Information from Lizzie Rosewood 07900626494 or Gilly Charters 07808863009

"Meeting in the light of mortality" - Spiritual nourishment session Saturday morning October 6th

If you've ever been taken into hospital as a patient or even visited as a friend or relative, then you may have found that its alien environment has an impact on you. Beyond the boredom and helplessness of life on a ward, your mind, heart or imagination can be transported to places that you'd rather not inhabit so that even the most stable temperament can squall into fear, anger, anxiety or worry.

Although Quakers have an established history of service in prisons and very little in healthcare settings, there are many residents of a hospital ward who are imprisoned by their circumstances for whom the gentle and healing presence of a Friend might be an unexpected and welcome benefit. Since June, two members of the Harrogate meeting have joined the Chaplaincy team of Harrogate District Hospital as volunteers, visiting patients on a designated ward once a week and making the offer of time, empathy and a listening ear.

On 6th October, Adam Clayton, licenced Anglican chaplain of Harrogate Hospital and attender of Adel Quaker Meeting in Leeds will be talking about the evolving nature of chaplaincy and spiritual care in the NHS and how inclusive spirituality "without borders", can bring peace and light into an extremely stressful setting.

Children's Stall



The children's stall is a great way to recycle 'stuff', save stuff going to landfill and raise funds for good causes and gives the older children a sense of contributing to the local and wider community. We have raised funds for learnbags for child refugees, given to Harrogate District of Sanctuary, and other local charities. We are currently raising funds for the Children's chosen charity: Harrogate Young Carers.

If you have any bric a brac, toys, unwanted gifts, accessories, kitchen utensils etc. Please give to Lizzie Rosewood or Hilary Evens for the stall. It is a good excuse for a sort out! We will be having stall on 30th September and 7th of October. Many thanks.

Walking Group Oct



We see lots of interesting things on our walks, I loved this lamb, just a bit of a black sheep!

All walks start at 10.00 please contact the walk leader to let them know that you will be coming.

October 3rd. Quaker Week Walk Scotton and Brearton, includes coffee stop at Quaker Burial Ground. Bring a drink and snack and packed lunch. 5.5 miles Leaders Lizzie and Gilly. Meet at the Forestry Car Park on the Knaresborough to Ripley Road.

Contact Lizzie: on 07900626494, 01423 868423 or lizzierosewood@yahoo.co.uk

October 17th. Knaresborough, river and woods, 4 miles Meet at the Market Place. Leader Lizzie. Bring a drink and a snack. Contact Lizzie: 07900626494, 01423 868423 or lizzierosewood@yahoo.co.uk

October 31st. Meet at Fountains Abbey Visitor Centre. 5 miles. Leader Sally Dudley bring a drink and a snack. Refreshments available at Visitor Centre or bring a packed lunch for the end. To contact Sally: s.dudley3@ntlworld.com or Tel no 01423880590 or mobile 07806 778881

Lifting the shadow of WW1 & prospects for peace today

As a contribution to the City of York 'York Remembers' season marking the end of the war in 1918, York Quakers have organised two events to look beyond the history and consider a more peaceful future for the world.

Sat 6 October: Lifting the shadow of WW1 and prospects for peace today

A day conference at Friargate Meeting House 10.00 am - 5.00 pm

An interactive day of lectures, workshops and displays bringing together academics, local historians, poets and individuals involved in promoting peace.

Lecture topics:

- Long Shadow of War Britain 1918 -1979 (Simon Ball, Leeds History Faculty)
- The Hidden Legacies of War (Trudi Tate, Cambridge English Faculty)
- The Development of Arms Control (Nick Ritchie, York Politics Faculty)
- Can we Build a more Peaceful World? (Ben Griffin, Veterans for Peace)

Workshops will respond to the history and literature of WW1 and also consider ways of resolving or avoiding future conflict.

Cost: adult £15/student £7 – includes lunch and other refreshments.

Saturday 17 November: Peace Now – the Personal Dimension

A day of workshops at Friargate Meeting House 10.00 am - 4.45 pm

Participants will be introduced to skills for practical peace-making, conflict resolution and non-violent communication.

Workshops will focus on:

- Nonviolent communication (Roswitha Jarman)
- Listening for a new world (James McCarthy)
- Conflict resolution in schools (Lydia Noor and Gillian Darton)
- Being Peace (Lynda Williams)

Cost: adult £12 students/£7 – includes lunch and other refreshments.

Special offer if booking both events at the same time: £25

A brochure with application form is available at Friargate and other local Meeting Houses.

Electronic version and fillable form from www.yorkquakers.org.uk or by email from fromfriargate@yorkquakers.org.uk or 01904 624065



Clothes Swap Party

There will be a Women's Clothes Swap Party at the Meeting House on Saturday 20th October from 2pm- 5pm. Cost £5 includes tea and cake. Bring 5 items and take away 5 new ones. Help the environment, save money, and raise funds for stem cell transplants.

My son in law has acute myeloid leukaemia and needs a stem cell transplant, he has launched an appeal to get more people to sign up to the register. It may be too late to help Dave but it will help other people. If you would like to help: on the night, by baking or donating an item to the bring and buy please contact me. Thank you Lizzie Rosewood lizzierosewood@yahoo.co.uk 07900626494

(I wonder if Clare will notice if I try swapping some of her clothes. If you see her with a confused look on her face, wearing your clothes you'll know why - Moz)

A bit further ahead...

Spiritual Nurture at Harrogate Quaker Meeting 2018-9

These take place on the first Saturday of each month from September to March. Here are the events coming up in the coming months. The start times given are for coffee/tea and pastries, then start half an hour afterwards.

Date	Event
November 3 rd	Kindlers Day <i>Finding our own silence</i> 10.00-4.00 Bring packed lunch & there is a charge of £10 for this though help is available
December 1 st	Your Carbon Footprint - Andy Gouldson 9.30-12.00
January 5 th	'Quaker Renewal' 9.30-12.00
February 2 nd	Creative workshop 9.30-12.00
March 2 nd	Geoffrey Durham Quakers Sharing Experience 9.30-2 (ending with shared lunch at 2.00)

Quaker Youth Work Conference at Woodbrooke 10th Nov 2018, 10.30-4.30

This is for those involved in running events with young Quakers aged 11+ and the day will explore gender diversity at Quaker youth events. Book online at www.quaker.org.uk or call 02076631013.

Other News

Sally and Peter's Wedding



Peter and I got married on July 26th. We were blessed with a lovely day and we had a simple ceremony with two friends from the URC who now live in Shrewsbury as witnesses and my sister and then had afternoon tea in Betty's.

We have been friends for 15 years and when he needed to move in with me due to illness we decided it was the right thing to do.

When at meeting and the ministry was about marriage I read advice and queries about making the commitment and with God's help to cherish one another for life.

There will be challenging times ahead, but we know that there is help in times of needs.

We made the announcement to our friends at Peter's birthday party and we have been blessed with all the good wishes we have received.

Sally Weatherill

Quaker Arts

If you are interested in receiving information from any of the following Quaker Arts Groups please get in touch with Liz Collins.

Quaker Arts Network (QAN)

Quaker Music Network (QMN)

Quaker Tapestry (QT)

CARE Committee Craft Sale

CARE committee has decided to make its craft sale a biennial event (that's once every 2 years - for those of you who get your biennial and biannual in a muddle). This will therefore next take place in November 2019, so there is lots of time to get making!

Please Help

CARE Committee need help

CARE Committee sometimes has difficulty providing sufficient people and refreshments to cover events. We appreciate that many people do help on the day, but think it might be helpful to have a list of people happy to be approached in advance if the need arises.

Please let Carine or Hilary Buswell know if you would be happy to be included on that list.

Special Collections Sponsors Still Needed

Helen Holland is still appealing for volunteers to suggest and to sponsor Special Collections for 2019, so that she can compile a list to present to Local Business Meeting before the end of 2018. This appeal extends to finding volunteers to sponsor charities that have been suggested, but currently lack a sponsor.

Please get in touch with Helen.

Cat Fosterers Needed

As many of you know Sue and Matthew Kirk are moving to London. The move hasn't happened quite as planned. They always knew they would have to foster out their two cats, but somehow that particular job never got to the top of the list. So Friends of Harrogate, would anyone like to consider to home or foster (limited time) an extremely friendly old tabby, called Tabby? Or a beautiful tortoise-shell with "character " called Suzie. If you're at all interested and would like to talk about it or come and meet the cats beforehand (no obligation) then please email Matthew on mkirk6@googlemail.com or text or call his mobile on 07775818714

Here they are, all peaceful and cute ... no trouble!



Nov Harrogate Extra

Please send all news and shareables relating to the wonderful world of Harrogate Quakers to Moz Abbott by email HarrogateQuakerNews@gmail.com, or via my pigeon hole at Meeting. The deadline is 12 noon, Sunday 21st Oct.

Just in case you've missed the news, Quakevine is now going to be produced 6 times a year, see the latest issue for more info. It sounds as though it's going to be focussed on York Area Meeting as a whole and Friargate will produce their own monthly newsletter (it previously was mixed in with Quakevine). So do please still contribute items of interest to York Area Meeting to Quakevine.